



# TRANSITIONS

BRIDGING THE GAP BETWEEN YOUTH AND ADULTHOOD

## FACT SHEET

# Transitions Services

### Our Services

**As a specialist independent provider of innovative transitional support services for Young People aged 16+, through continuous assessment, our unique range of individualised support packages and accommodation provide effective staged transitions to independent living, giving them every possible chance to succeed in adult life.**

As an organisation our aim is to provide the highest standards of accommodation and support which is achieved through a culture and environment that places the Young People first, whilst providing them with comfort, safety and security.

We seek to promote and maintain independence; providing activities and avenues for social integration within the local community. We treat everyone with respect and dignity in a safe environment and pride ourselves on our person-centred approach.

### Accommodation

Located within the Yorkshire region our range of accommodation offer a nurturing and supportive environment, which are furnished and equipped to a very high standard, allowing Young People placed with us to respond more positively.

Each home includes:

- 2 x 3 bedroom properties with shared communal bathroom, kitchen and lounge
- 16+ Group Living

At all our services all Young People have access to communal/resource areas to be able to participate in socialising, activities, education and meetings. This provides opportunity for young people to integrate with others whilst still having their own personal space.

### Support Team

- Multi-disciplinary, Experience & Qualified Support Team
- 24/7 on-site support
- Senior Manager on call
- Progress & Journey Panels



## As a standard each young person:

- Accommodation to meet the Assessment needs Young Person in line with their Pathway Plan
- Involved in their own support planning
- Are assigned a key worker and tailored key work programme
- Access to education by qualified teachers
- Access to further accredited training programmes
- Supported to undertake the ASDAN Living Independently Short Course
- Supported in developing independent living skills such as cooking, budgeting, laundry and cleaning
- Cultural, linguistic and religious needs are taken into account

## Enhanced Packages of Support

Bespoke packages of support can include additional -

- Enhanced support hours
- Support off-site
- 1:1 staffing

## Independence Programmes

Our services provide individual training programmes where Young people can feel comfortable and develop their independence skills at a pace that best meets their needs. Each Young Person will have a package tailored to best meet their needs.

Life Skills	
ASDAN Independent Living Skills	Relationships
Cooking on a Shoestring	Importance of Routines
Money/Debt Management	Coping with Behaviours
Dealing with Benefits	Stress/Emotional Management
Feeling Good About Yourself	Support with Employability
Building Confidence	Accredited Training Programmes
Functional Skills (English, Maths and Digital Skills)	

  

Health Care	Personal Care
Exploring Healthy Eating	Learning About Personal Hygiene
Fitness	Personal Safety
Sexual Health	Body Image
Drugs and Alcohol	Bullying
Looking After Yourself	Time for Me
Food Hygiene	First Aid



## Education, Employment and Training (EET)

### **EET needs of our residents will vary depending on their age and current circumstances –**

For residents living independently who remain in education, our team provides appropriate encouragement and tailored support to promote successful outcomes.

Our in-house Education Team, including a qualified Therapeutic Teacher, provides individual support to young people who remain in school. The team also attends professional meetings when required and works collaboratively to deliver tailored educational support.

Support includes:

- One to one tuition
- Maths
- English
- Digital Skills.
- Support towards GCSE qualifications
- ESOL skills for life.
- Trips/Activities
- Outdoor Educational

If a Young Person has recently left school and/or is currently not working or accessing training, working in conjunction with our In-House Accredited Training Centre, individual support may include:

- Attend the Job Centre to access benefits, as an interim arrangement
- Identifying education and training opportunities
- Identifying employment opportunities and C.V. services
- Planning and distributing CV's to local shops and business
- Preparing for, and attending an interview
- ASDAN qualifications
- Functional Skills (English, Maths and I.T.)
- Employability Skills
- Training Courses e.g. Food Hygiene and First Aid
- Online Courses e.g. Health and Safety, Food Safety and E-Safety
- ESOL Qualifications

The above support will be offered in conjunction with the Job Centre, Careers Advice Services, local Mentoring Schemes.

For referrals or further information:

☎ 0113 529 8831



If you need any further help or advice  
please feel free to contact us:

**[referrals@progressivecare.co.uk](mailto:referrals@progressivecare.co.uk)**

**[www.progressivecare.co.uk](http://www.progressivecare.co.uk)**

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